

National Suicide Prevention Month Proclamation

Declaring September as National Suicide Prevention month in the City of Sammamish

WHEREAS; September is recognized around the United States as National Suicide Prevention Month and is intended to help promote awareness of the prevalence of suicide and prevent suicides; and

WHEREAS; Suicidal thoughts can affect anyone regardless of age, gender, race, orientation, income level, religion, or background; and

WHEREAS; According to the CDC, the age-adjusted suicide rate in the U S increased by 33% from 1999 through 2017 and 47,173 people died by suicide in 2019; and

WHEREAS; According to the CDC, suicide is the 10th leading cause of death for all ages in the US, and in 2016 became the 2nd leading cause of death among people aged 10-34; and

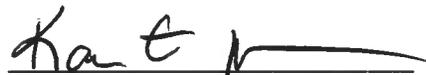
WHEREAS, mental health is as important as physical health and many people are experiencing increased anxiety and depression during the coronavirus pandemic; and

WHEREAS, every member of our community should understand that throughout life's struggles we all need the occasional reminder that we are all silently fighting our own battles; and

WHEREAS, I encourage all residents to take the time to inquire as to the wellbeing of their family, friends, and neighbors and to genuinely convey their appreciation for their existence by any gesture they deem appropriate, and

WHEREAS, We can all help prevent suicide

NOW, THEREFORE, BE IT RESOLVED, that I, Mayor Karen Moran, on behalf of the Sammamish City Council, do hereby proclaim that September 2020 will be designated as "Suicide Prevention Month" in the City of Sammamish.



Mayor Karen Moran

8-11-20

Date

